

Hydroquinone is used to decrease the formation of melanin and lighten areas of darkened skin such freckles, sun or age spots, and melasma. All pads come with a 60-day supply. If you are pregnant or breastfeeding hydroquinone is not to be used.



Apply one pad to clean, dry affected area at night before bed



Avoid direct exposure to sunlight or artificial UV rays. Apply SPF 30+ daily



It is important to use these pads daily to get the most benefit



If using pads for sun damaged skin and you continue sun exposure, understand sun damage will continue



If pads look dry, shake container, sometimes liquid will go to the bottom. Over time pads may turn brown, that is okay



Avoid getting in your mouth or eyes. If it does get into any of these areas, rinse with water



Store pads at room temperature away from moisture and heat



While rare, if you have any side effects or signs of allergic reaction, discontinue and contact our office 404.832.0300