



For the upper eyelid/brow bone area, have the patient close their eyes and lightly apply solution. Never apply to lower eyelid. Use of light pressure is key as the skin in these areas is thinner.

After application is complete your patient's skin will be flushed and slightly tanned in appearance. If there is any solution on the surface of the skin, you may perform a modified massage technique to facilitate the penetration. Using your middle and ring finger of each hand against your patient's skin apply even pressure with small circular motions pressing the solution further into the skin including their cheeks, forehead, chin areas.

STEP 4 - EXPLAIN TAKE HOME KIT TO PATIENT

Four hours post treatment:

Using fingertips only, cleanse the skin with VI Derm Gentle Purifying Cleanser (included in the take home kit). Rinse with cool water and pat dry. (AVOID HOT WATER ON SKIN FOR 7 DAYS).

Apply the 1st towelette. The towelette is to be applied over the entire treated surface of the skin. Advise patient to avoid passing towelette over eyelids and lips. Problem areas may be applied with firm pressure for best results. The skin should not be cleansed after the towelette application. Patient should wash hands thoroughly after application of towelette. Makeup can be worn. Use the VI Derm Post-Treatment Repair Cream as a moisturizer before applying makeup. NO OTHER personal hydrating products should be applied.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the VI Derm Post-Treatment Repair Cream approximately 10 minutes after the towelette has been fully absorbed to reduce the body's natural inflammatory response.

NIGHT 1 - One hour before bedtime:

Using fingertips only, cleanse the skin with VI Derm Gentle Purifying Cleanser. Rinse with cool water and pat dry. Apply the 2nd towelette provided in the take home kit. Remember to wash hands after application.

***If the VI Peel application was applied later in the evening, the patient may use the 2nd towelette the following morning.**

All towelettes need to be used in the first 48 hours with a minimum of 4 hours in between applications.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the VI Derm Post-Treatment Repair Cream approximately 10 minutes after the towelette has been fully absorbed.

DAY 2 - Morning:

Using fingertips, cleanse skin with VI Derm Gentle Purifying Cleanser. Rinse with cool water and pat dry. Apply the VI Derm Post-Treatment Repair Cream, wait until it fully absorbs, then Apply VI Derm SPF 50 Daily UV Defense Broad Spectrum Sunscreen. Apply both 2-4 times throughout the day or as often as needed. Makeup can be worn.

NIGHT 2 - One hour before bedtime:

Using fingertips, cleanse skin with VI Derm Gentle Purifying Cleanser. Rinse with cool water and pat dry. Apply the 3rd towelette. Remember to wash hands after application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post-Treatment Repair Cream after the towelette has been fully absorbed.

DAY 3 - 7:

Morning and night cleanse skin with VI Derm Gentle Purifying Cleanser. During the day use the VI Derm Post-Treatment Repair Cream and VI Derm SPF 50 Daily UV Defense Broad Spectrum Sunscreen as needed. At night use the VI Derm Post-Treatment Repair Cream. Peeling usually begins by Day 3. Once the skin starts peeling instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring, or pigmentation. After your patient's skin is done peeling (Day 7), they can go back on their normal VI Derm Beauty skincare routine.