



Please arrive for your appointment with a clean face free of make-up

IPL Pre-treatment Instructions

Following these Pre-treatment instructions closely will optimize your IPL results:

- Avoid sun exposure (apply sunscreen daily and do not tan at all) for 4-6 weeks before and after treatment.
- Avoid any products containing hydroquinone, bleaching creams, Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or chemical peels for at least 5 days.
- If you have a history of hyperpigmentation (darkening of the skin) with laser treatments or other trauma, please let us know, so we may prescribe a lightening agent prior to the procedure to reduce this reaction.
- Do not use self-tanning agents for at least two (2) weeks prior to treatment. If you have used these products, thoroughly cleanse the area with abrasive / exfoliating scrub to remove all product two (2) weeks prior to any treatment.
- Please notify us if you have a history of fever blisters so we may write you a prescription for prophylactic antiviral therapy to start on the day of treatment to prevent a flare up.
- Photosensitizing medications including doxycycline and tetracycline should be discontinued three days prior to treatment.
- Accutane must be discontinued 1 year prior to treatment.

Please call our office at 404-832-0300 if you have any questions.

Thank you!

The WIFH Team