



Put on a headband or pull your hair back to keep it out of your face.



Wash your face and neck twice with a gentle cleanser. Be thorough—clean around your hairline, brows, and neck to remove all makeup, sunscreen, and skincare.



After double cleansing, use the provided alcohol wipe to remove any leftover oil or residue. Let your skin air dry completely.



With clean gloves on, use the tongue depressor to stir the cream in the jar—this activates the ingredients.



Apply a thin, even layer to your entire face and neck (just above the collarbones). Don't forget key areas like: within your eyebrows (avoid your eyelid), directly above your eyebrows, upper lip, & into the hairline.



Use gloved hands to gently press and massage the cream into your skin for better absorption and to ensure all areas of the face & neck are covered.



Optional: Cover the area with plastic wrap to lock in the cream—leave eyes, nostrils, and mouth uncovered to breathe and see comfortably.



Do not remove the cream, we'll take care of that when you arrive. If you experience any irritation remove the cream immediately.

Each jar is labeled to match your treatment, and while it may not look like much, there's more than enough for your face, neck, and even a little extra. You must **apply** the numbing cream at least **60 minutes** before your treatment time. *Do not numb for Fractional CO2—this will be done in-office.* Please call the office at (404)-832-0300 if you have any questions or concerns.