



Tretinoin Instructions

- Use during your nighttime routine, only
- After cleansing, gently pat dry your skin to avoid irritation
- Apply a large pea size amount to entire face and neck
- Avoid delicate skin around eyes, and lips
- You may apply your moisturizer after the Tretinoin, not before

Weeks 1-2:

Use 3 nights a week for 2 weeks (ex: Monday, Wednesday, and Saturday nights)

Weeks 3-4:

Use every other night for another 2 weeks

Week 5:

Use nightly going forward

You may experience some dryness/flakiness in the beginning; this is normal and common. This is temporary while your skin adjusts to your new regimen. Do not stop or reduce as it will only prolong the adjustment period.

Call our office at 404-832-0300 if you have any questions or concerns.