

SculpsureTM Pre & Post Treatment Instructions

SculpsureTM Pre-Treatment Instructions:

- No sun exposure 7 days prior to the treatment.
- Remove all creams or oils prior to treatment.

SculpsureTM **Post-Treatment Instructions Procedure:**

- May experience mild pinkness or redness, tenderness, swelling, pain, itching, and skin firmness.
- Tenderness may last up to two weeks and in some patients a bit longer.
- Use a cold compress and/or acetaminophen to help relieve tenderness.
- Gently massage the area twice a day for 5-10 minutes.
- May resume normal daily activity including exercise immediately post treatment.
- Encourage proper hydration and light physical activity to help mobilize fat via the lymphatic system.

Contact us at 404.832.0300 if you have any concerns about your treatment areas such as increasing tenderness or swelling several days after your treatment, or if you develop blisters, hardened areas or nodules.